



Bubble Chase Activity

(Infants & Toddlers)



You will need bubbles solution and small space or open space
for this activity

- Sit or stand in an slippery ground with your child so you can fully engage
- Begin by singing a song to capture your child's attention. It could be your child favourite song or a bubbles songs
- Label the items you are using such as wand ,bubbles solution and also your actions during the activity such as blowing ,popping, and catching
- Pause and wait for your child's reaction. Children often take a few more seconds to process information. Reacting too quickly can hinder their development. You want to give your child a chance to absorb the activity.
- Take turns blowing bubbles with your child.
- Take turns trying to pop the bubbles before they hit the ground with your hands or feet

Domains of Development

- Social skills: taking turns blowing bubbles with toddlers provide practice in the give and take and sharing
- Emotional skills: playing and interacting with infants and toddlers on their level tells them that you are available as a respectful partner in play which makes them feel safe and encourage them to intact and explore the environment around them
- Physical skills: this activity it a great way for your child to practice hand-eye coordination and spatial awareness
- Language and communication: this is a great way to label directions and add more vocabulary to their dictionary and it also helps them use and understand the language more



Build a Fort

(Toddlers & Preschoolers)



You will Need cushions or pillows, blankets or sheets,

chairs, boxes and small space or open space

- Begin by asking your child what kind of fort they want
- Help your child build a fort, castle or obstacle course by using cushions, pillows, blankets, sheets, chairs or boxes. clothes pins to hold sheets together
- Let your child name the fort and bring their favourite toys with them
- Sing song and play game in the fort
- Encourage imaginary play
- Bring a flashlight and have a storytelling show or try to make a shadow of different animals then make their sounds
- Reduce the amount of equipment available so children aren't overwhelmed by all the options available.
- Add physical challenges such as jump over a pillow, crawl under a chair, slither through a tunnel.

Domains of Development

- Social skills: making decisions and choices
- emotional skills : setting goals and working towards them
- cognitive skills: helping your child build his/ her fort will help the child to solve problems, think logically and use language to represent thinking.